

HEREFORDSHIRE & WORCESTERSHIRE ALL-AGE AUTISM STRATEGY



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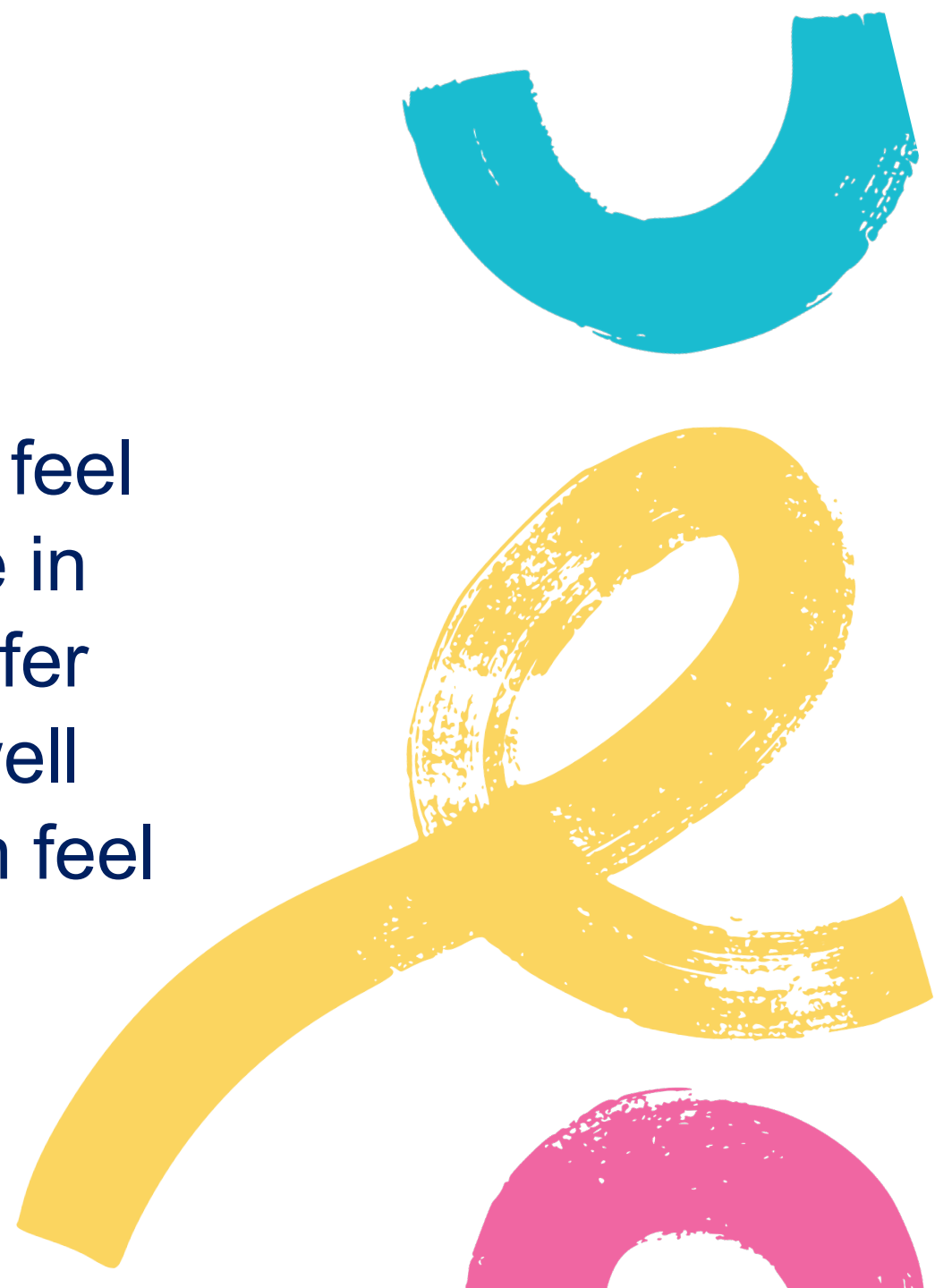
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Priority 7 – Keeping safe

We want to enable autistic people to feel empowered to keep themselves safe in the community; have a better and safer experience of everyday life and be well supported by services that help them feel safe and secure.



7 Keeping Safe



Aims

- Autism needs to be celebrated, promoting the positives and offer support strategies for the things people find difficult.
- We need to facilitate better understanding and awareness of the reasons autistic people may feel unsafe and ways to manage risks and help avoid harms and difficult situations arising in day-to-day life.
- We need to work to reduce incidents of hate crime and improve support provided to autistic people at risk.
- We need to identify resources and support to enable more accessible peer support groups and hubs with local communities to be developed.
- More autism specialist support and expertise around risks and personal safety within public services.



7 Keeping Safe

Action	Task
Working group / project approach to be re-established to drive forward this work	<p>Several partners have been identified and approached to discuss this approach.</p> <p>Hoping to meet as a working group in May 2025</p>



7. Keeping Safe

Action	Task
Action plan review	As part of the working group the action plan will be reviewed and prioritised taking into consideration the responses from the engagement survey.



7. Keeping Safe

Action	Task
Develop appropriate training in relation to keeping safe to be available to a wide range of people and organisations.	<p>Working relationships have been built with Health lifestyles and CLDT, with a view for focused work to be carried out in this area with commissioned provider forums</p> <p>Further scoping work to be carried out to understand wider landscape and consideration of wider training needs analysis.</p>



7. Keeping Safe

Action	Task
<p>Help for people to build a crisis plan, circles of support to build their confidence; resilience strategies; and, have a plan when things don't go to plan.</p> <p>Focus on work to reduce isolation and loneliness through support networks, facilitating connections in the community and establishing more opportunities for people to meet and socialise in safe spaces.</p>	<p>Work with support providers to assist individuals with crisis plans, building circle of support, safety plans, travel training, how to ask for help etc.</p> <p>Fact finding with the local college</p>



7. Keeping safe

Action	Task
Gather evidence of good practice in other areas and use this to develop ideas for implementation in relation to the key themes outlined within this priority area for example: training, peer and professional support aimed specifically at reducing risk and helping people keep safe.	Ongoing as part of the working group, partnership board and through following principles of good commissioning.



7. Keeping safe

Action	Task
Continue with further consultation involving autistic people about what needs to happen within their own area according to different needs, choices and lifestyle.	Further engagement activities to be discussed and planned for as part of the working group approach.

Questions and thoughts on next steps ...