

Final Yearly Report

Here for Herefordshire Holiday's (HAF) Programme 2022-23

LA Name	Herefordshire Council
LA HAF Co-Ordinator	Nikki Stroud
External HAF Co-Ordinator details (if applicable)	N/A
TOTAL EXPENDITURE (for 1 April 2022 to 31 March 2023)	£312,831.96
Spend on Administration	£50,000
How did you market / promote your HAF programme?	<p>We initially held timed briefing sessions for interested new providers but changed to one-to-ones. We felt this method enabled the provider to ask more personal questions relating to their own provision whilst allowing us to find out about them and build a relationship. This has been working well and we had a surge of applications for Easter 2023.</p> <p>We worked with our Comms and Engagement Team throughout the year. We shared the at the following key times:</p> <ul style="list-style-type: none"> • New provider application links • Information about the programme start dates • When the booking platform opened • Promoted key provisions • Targeted social media posts – low bookings or low engagement areas • Shared provider posts • Shared collaboration working – local food provisions and businesses

Were there any challenges in delivering the programme?	We continue to feel frustrated with some schools not freeing up their buildings or not sharing the information with the eligible families.
Who made up your steering group?	We have representation from the SEND team, Police, Ukrainian Network, Volunteer Agency, Public Health, HAF Provider, Talk Community and Admissions and 14 to 19 Curriculum Manager/Children and Young People
Did you receive any extra funding, support, resources, food, etc. If so, who from?	We held a family activity taster day at Whitecross High School; this event was supported by local businesses – food, fruit and drinks from farms and supermarkets. The academy donated their allocated hours to the family activity taster day which saved us £1400.00

Section 2 – Highlights of 2022

Please share the highlights and successes of the programme you've delivered.	<p>Highlights have been:</p> <p>One of our providers 'OAKS Children's Group' was a Regional Winner and we attended the Awards ceremony.</p> <p>Increase of unique children attending: Easter 2022 Total HAF Funded: 511 Primary 91 Secondary Summer 2022 Total HAF Funded: 804 Primary 204 Secondary Christmas 2022 Total HAF Funded: 441 Primary 182 Secondary</p> <p>Increase of children and young people with SEND attending: Easter: 37 Primary 2 Secondary Summer: 97 Primary 14 Secondary Christmas: 37 Primary 24 Secondary</p> <p>Increasing of providers offering HAF spaces and increase of different providers.</p> <p>We held a Family Activity Taster Day at Christmas which enabled providers to work collaboratively. The event</p>
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	<p>allowed providers in the community who aren't able to offer holiday provision to be involved, such as: Dolloway Dancers, Hereford Judo Club, Hereford First Aiders, Hereford City of Boxing, Libraries, Healthy Lifestyle Team, Public Health, SEND team, Parent Carer Voice. This also provided an enriching experience for the children/young people and their families.</p> <p>Our training package for providers which includes:</p> <ul style="list-style-type: none"> • QA Level 3 Award in Emergency Paediatric First Aid • Safeguarding Level 2 Training with West Mercia Police • Promoting health and nutrition to families • Inclusion Support for Children and Young People with SEND • 'Engaging and Building Positive Relationships with Children who have Social, Emotional and Mental Health Challenges' • Autism Awareness with National Autistic Society • Introduction to DBS Checks <p>Our numbers of non-eligible children have increased as we have worked closely with partners to identify children that would benefit from the programme and meet the criteria although they are not eligible for FSM's.</p> <p>We changed our booking platform from Co-ordinate Sport to Eequ. Christmas was our first holiday using Eequ. We've been really pleased with Eequ and feel they are really responsive and open to looking at ways of improving.</p>
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Section 3 – Children and families feedback

Please provide any social media links, testimonials or feedback that you have received concerning your 2022 HAF Programme

<p>Family feedback captured on the video: Christmas Activity Taster Day: https://youtu.be/4i8Wti4cljc</p>

Prostars:

'My child has truly loved coming everyday – she was very hesitant but the variety on offer is amazing'.

'It is great that food is provided as that has really helped us out'.

'We have now booked on more days through the summer as my child has enjoyed it so much'.

Hereford FC:

"what an experience for H, he loved to be able to interact with the coaches and found them very friendly. He loved being able to speak and ask questions to the players that attended the camp. He is football mad and cant wait for the next camp already"

"B had an amazing four weeks at the camp, he got to meet new people who attend other schools. Favourite part about the camp was playing in the tournaments and meeting the staff"

Post Summer Survey Feedback:

Ukrainian family:

"Moving from the Ukraine has been a big change for the children and so this kept his mind off all the changes for a few hours. He also met another child from Ukraine which was really great for him as they were able to both share the changes they have experienced".

SEND Family:

"This was a huge benefit to us as a family. With two SEN children and a toddler; the summer holidays can be so long and exhausting and so this took a lot of pressure off of us and I'm very grateful for the scheme".

Anonymous:

"I was really grateful for the scheme as some activities are so expensive and it made it accessible for all".

Section 4 – Providers list

<p>Please provide details of the provisers you've worked with.</p>	<p>Hereford FC Ledbury RFC Wye Circus St Josephs RC Primary school Prostars Flip Out Bromyard Kidz Club Longtown Outdoor Learns Centre Oaks Childrens Group GP Martial Fitness/ Leominster Police boxing Academy Mrs Hill's CHILL Den Melody Dance Company CIC The Lion Holiday Club All Stars Activities Ltd South Wye Development Trust Kindle Centre Close House Treasure Trails Lord Scudamore Kids Club Spring Gate Nursey School Colwall Youth Project - Colwall Community Church Halo Leisure Services Ltd BikeRight! Ltd Laura Gale Dance Pure-Studios CUP Ceramics Trewern Outdoor Education Centre Green Spider Climbing Shrewsbury Town FC Foundation The Courtyard, Herefordshire's Centre for the Arts Matt Hudd Martial Arts CIC Longlands Care Farm Encore Enterprises St James Breakfast & Afterschool club Dirty Feet Dance CIC The Cart Shed The Starlight Company Dandy Lions PACES Dolloway Dancers Leintwardine Children's Holiday Group The City of Hereford Boxing Academy</p>
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	<p>Activate Sports Education Ltd Hereford Community Farm CIC Hereford First Aid Hereford vocational training Growing Local CIC Hereford Judo Club Cradley C of E Primary School and Nursery Take Over Academy Fizz Pop Science</p>
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Section 5 - Food

<p>In this section please share details on your food provision. For example; did you provide children and young people with at least one nutritious meal a day? Did you work in any partnerships to provide food? What were the children and young people's attitudes to the food you provided?</p>	<p>Children and young people were all offered a meal at each funded session. We used local businesses to deliver food to provisions that couldn't prepare the food. There was a range of models of food provision to chefs on site to local café's delivering food. The meals were well received as a whole.</p> <p>Trewern Outdoor Learning: The days outline involved two opportunities for food. The first for a second breakfast, toast, fruit and cordial. Then later for a cooked lunch. A simple meal that fits an outdoor context.</p> <p>Cup Ceramics: Children were provided with a hot meal. We served pasta with roasted red pepper, tomato and basil sauce and vegan chilli and rice. They were then offered fruit – strawberries and home grown apples. Allergens were checked prior to each session and recipes prepared accordingly. Recipes were requested by children and families.</p>
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Section 6 – Enriching Activity

<p>How did your programme provide opportunities for children and young people to develop and consolidate their skills and knowledge and try out new experiences? Was there a change in young people's characters / wellbeing and educational attainment?</p>	<p>We know that children/yp attended for more one than one holiday which helped them extend their knowledge (eg Hereford FC). Many of the club offer sessions outside of the HAF programme. Cup Ceramics run an after school club for free. Rugby and football offered during the school holidays are offered at a reduced rate for those struggling financially.</p> <p>We encourage all providers to add enriching activit(ies) into their core offer which adds experiences and knowledge. We had a range of experiences from Circus workshop, lab workshop, mental health coaches to artist workshops.</p> <p>We held a family activity taster day at Christmas which allowed parents and children to get a greater understanding of the HAF programme, meet providers and reduce anxieties.</p> <p>We invited providers to attend and run sessions at the family day who weren't able to run a holiday provision but wanted to part of the programme:</p> <ul style="list-style-type: none">The Starlight CompanyDolloway DancersThe City of Hereford Boxing AcademyHereford First AidGrowing Local CICHereford Judo ClubTake Over AcademyFizz Pop Science <p>The event allowed new and regular providers to have an opportunity to network and discuss how they could enrich each others offers.</p> <p>We were supported by three different food providers at the family day:</p> <ul style="list-style-type: none">Hereford Meals on WheelsHog RoastJJ & Little Dots
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Provider Feedback:

Prostars:

we offered children what we call our WOW experiences through the funding and this allows us to again bring more experiences to the children and cover all aspects of holiday clubs - not just sports. From these workshops children also went home with certificates which was amazing!

MMA workshops – we teamed up with the Master Sken Academy who offer tailored mixed martial arts sessions to the children focusing on control, strength and finding the inner ability we all hold.

Headstrong heroes – these workshops focus on pillars of wellbeing (Responsibility, Growth Mindset, Communication, Habits and Motivation) and provides children with activities and takeaways they can use to develop these pillars for future situations.

Fun Science – these sessions are fun interactive science workshops where children explore various science challenges and experiments.

Trewern Outdoor Learning –

New and renewed friendship groups seen.

Children volunteering to help do menial jobs eg. Laying tables. Children becoming more polite and sharing as they learnt to trust each other. It was fantastic to see children unprompted help each other get back into the canoes after they had been jumping in to have a swim. They were also excellent at getting all the boats up the steps at the end of the day.

I did observe one of the boys who had additional needs and a lack of water confidence, getting off the bus after canoeing/swimming and ask if he could go swimming. He was so scared of the water initially, but when he discovered he could float in the buoyancy aids he absolutely loved it.

There was also a nice legacy building up, where children knew each other from previous encounters on HAF weeks. They are pleased to see each other and clearly have enjoyed catch up.

The Kindle Centre –

We developed some good relationships with the children and their families. The children made lots of new friends. Relationship formed with local families has resulted in us being able to offer additional support. We reacted to a need by delivering a preloved school uniform give away over the past 2 weeks. We asked for donations and have been overwhelmed with the response. Families have been coming in daily to take school uniforms for free. The impact we have had on families is we have given families an opportunity to make lifestyle changes. Lots of the families continue to be engaged in other activities that take place at the Kindle Centre. For example, children will now be coming to Melody Dance classes and the Cracked Slipper drama classes. We have given the children an opportunity to try new foods which they have enjoyed.

Cup Ceramics –

After a brief welcome / health and safety talk we passed a ball of clay around encouraging everyone to say something about themselves. We then split in to 2 groups taking it turns to have a go at throwing pots on the wheel and hand building supported by members of staff from the studio. After lunch we held a challenge, splitting the group in to 2 teams and asking them to use all of the clay they were given to create a collaborative piece. All of the children in the team had to contribute to the piece, they had to use the techniques they were taught throughout the day and the piece had to have a name or theme.

Section 7 – Physical Activity

<p>How did you ensure the physical activities you delivered were engaging and inclusive? Did you have any particular successes?</p>	<p>Longland Care Farm joined during the summer and the children had a wonderful time: https://youtu.be/iHT2QxeFgj8</p> <p>We visited new providers to ensure the bench marks were met. We regularly spoke to our providers to ensure the physical activity was a priority.</p> <p>Providers were asked to attend a training session on ‘How to make reasonable adjustments to be more inclusive of children of all abilities’. This training gave providers confidence and helpful tips on what small changes could be made to extend the experience.</p> <p>We visited providers and asked children what they enjoyed and we spoke to providers in how they engage children. A lot of providers found that children enjoyed ‘going back to basics’ and love the games such as ‘stuck in the mud’ , ‘capture the flag’ and group skipping. Successes were that children loved skipping at the Kindle Centre, all abilities, one girl who was an amputee absolutely thrived.</p>
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Section 8 – Nutritional Education and the promotion of healthy living/lifestyles

<p>Did your programme deliver activities to educate participants about nutrition.</p>	<p>Providers were all required to intergrate the promotion of healthy eating into their provision. Providers were issued with leaflets and signposting information that they could share with children and families.</p> <p>Growing Local provided Seed Packs which we distributed to providers.</p>
<p>Did you involve parents, carers and other family members in training and advice sessions on nutrition and eating a balanced diet? If yes how?</p>	<p>Our Family Day was a real success as it was supported by Herefordshire Talk Community Healty Lifestyle team and the local business ‘Growing Local CIC’. Both providers held interactive sessions for children and adult(s). Evidenced: https://youtu.be/4i8Wti4cljc</p>

	<p>The Kindle Centre: We gave nutritional information to parents when they arrived and had conversations with guardians and parents about what the children had eaten. The children would often say I had lovely food today and it would be something they had never tried before.</p> <p>Cup Ceramics: We have had recipe requests from families for the pasta sauce recipe we served at lunchtime as they would like to cook it together as a family.</p> <p>Hereford Community Farm: There was discussion around the importance of a balanced diet – the lunch being the example with healthy options of fresh fruit & veg alongside some ‘party food’ choices. The group activity of feeding the sheep, goats and ponies who all have special diets to keep them healthy was a great example to highlight parallels with the importance of healthy eating for humans!</p>
<p>Do the children you worked with now have a better understanding of nutrition and food budgeting? Did their attitudes change over the period of the programme?</p>	<p>Prostars: We offered nutritional workshops for children through the course of the sessions - this was once per week to the children who were on the course that day. We did speak to children per day about what was in their food and the nutritional aspect of the food they were given and what they could choose going forward.</p> <p>Close House got the young people involved with the food preparation.</p> <p>Oaks Childcare have talked to us about a number of children who attitude to food has changed over the period of HAF.</p>

Section 9 – Special Educational Needs & Disabilities (SEND)

<p>Did you offer provision for children with Special Educational Needs & Disabilities? If yes then can you share examples?</p>	<p>Herefordshire has worked really hard to develop, understand and increase its SEND offer. We have worked closely with our council SEND Engagement & Market Development Officer in a variety of ways. We reviewed the registration questions on the booking platform as providers felt families weren't sharing needs. We have run training sessions to help providers feel confident in their provisions or make reasonable adjustments.</p> <p>We held training sessions (as per above information) which included:</p> <ul style="list-style-type: none"> • Inclusion Support for Children and Young People with SEND • 'Engaging and Building Positive Relationships with Children who have Social, Emotional and Mental Health Challenges' • Autism Awareness with National Autistic Society <p>As a result of the training, providers were more confident in providing SEND places.</p> <p>Cup Ceramics – We welcomed children into the studio who had experienced a variety of additional needs who were all able to take part in the activities we had on offer. We welcomed a child with attachment difficulties. Mum expressed difficulties in leaving them at school or other venues. I reassured that we would contact if she was needed but her child fully engaged and interacted with both staff members and peers.</p> <p>Hereford Community Farm – The parent and younger sibling of a child with SEND who has attended the farm previously with The Brookfield School valued the opportunity to see first hand where their child attended – they said that this was because their child had told them all about the farm, their favourite pony that they had worked with and that as a parent the effect on their child had been transformative, on days when they attended the farm they came home from school with their 'mood lifted' and it had been a good opportunity for the</p>
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	<p>younger sibling to join in as they had wanted to see the farm. The young person was able to show their mother and younger sibling around which had been a really positive experience.</p>
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Section 10 – Signposting & Referrals

<p>How did you provide participants and their families with information, signposting or referrals to other services and support?</p>	<p>We gave providers signposting leaflets/information.</p> <p>Some providers set up a table near where their families waiting/dropped off so they could access the info discreetly or as required.</p> <p>Five providers have become Talk Community Hub for their community.</p> <p>We supported providers with signposting information such as debt management and directed families to our Talk Community Directory details: https://www.talkcommunity.org/ ,</p> <p>Kindle Centre: All of the families were signposted to other organisations for support if requested. We give all of the family’s information about where to get affordable food, how to manage on a budget, how to cook on a budget. Many of the families were given information about what we cooked in the day so that they could replicate the menu at home.</p> <p>Hereford Community Farm: Families had the opportunity to find out about local support and next steps for SEND school leaver, good opportunity for social engagement in an unfamiliar but supportive space, positive feedback about understanding and supportive staff that parents valued being able to talk to openly. HCF staff were able to talk with parents of SEND young people about to leave school to highlight the Transitions Team, other day service providers and sources of information such as HDU, National Star and The Beacon College and the Healthy Lifestyles Service.</p>
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	<p>Hereford FC: Information was given out with booklets supplied. Also No Wrong Doors would refer to the climb project working alongside the police. Police would sign post for police cadets and also no wrong door for sessions.</p> <p>Post Summer Survey: 63% of families reported that their awareness of local services had increased (based 121 families)</p>
Which services did you sign post?	<p>Food Banks Debt Advice Parent Carer Voice Early Help/Parenting Courses Healthy Lifestyle Team SEND Team Schools</p>

Section 11 – HAF Programme 2023/24

Plans for you 2023/24 HAF programme	<p>Easter 2023 Family Activity Taster Day. Christmas 2023 Family Activity Taster Day. Develop more connections for a greater range of activities. Explore 'Strong Girls/Girls Only' sessions (inspired from the Awards Ceremony). Consider how the programme can be delivered at Christmas 2023. Working on improving engagement with schools 'HAF Lead'. Giant Games 'loaning library'. Growing packs to enrich provider offers.</p>
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