



# Meeting-LDPB Date/Time-26 July 2022, 2pm-4pm Venue-Zoom Conferencing and St Martins Church Hall

# Attendees

Name	Organisation / Role	
Tracy Crum	Chair, Echo	
Mike Cook	Chief Officer, Echo	
Paul Choppen	Partnership Board Assistant,	
	Community Wellbeing, Herefordshire	
	Council	
Carolyn Whippman	Senior Commissioning Officer	
	Community Wellbeing, Herefordshire	
	Council	
Emily Lowe	Talk Community Lead	
Rose Hunt	Herefordshire Mencap	
Colleen Brady	Community Learning Disability Team	
Paul Scott	Trustee Herefordshire Mencap	
Bev Davies	Herefordshire Mencap	
Gill Gorle	ACSYLE	
Rob Gorle	ACSYLE	
Jayne Mglone	Parent Carer	
Ginnie Jaques	Shared Lives Manager	
lan Harper	Service Quality Director, Aspire	
	Living	
Nick Gregory	Crossroads Together	
Lucy Hancock	Chair of Speak Easy Now	
	Worcestershire LDPB	
Frances Kelsey	Worcestershire LDPB	
Lesley Wood	Worcestershire LDPB	
Gail Geer	Speak Easy Now	
Rachael	Speak easy Now	
Rebecca Willis	Health Checkers, Speak Easy Now	
Rebecca Hill	CLDT, Herefordshire and	
	Worcestershire NHS Trust	
Emma Cairns	Parent Carer Voice Herefordshire	

# Apologies

Name	Organisation / Role
Mary Simpson	Engagement and Volunteer Co- ordinator, Healthwatch Herefordshire
Barbara Brown	Executive Assistant to Service Quality Director Aspire Living
Amy Pitt	Service Director Communities, Community Wellbeing

Name	Organisation / Role
Richard Keble	Project Lead NHS Herefordshire and Worcestershire CCG
Jenny Dalloway	Programme Director – Mental Health, Learning Disabilities and Autism, Herefordshire and Worcestershire CCG
John Gorman	Commissioning Officer, Community Wellbeing, Herefordshire Council
Family Support	Marches Family Network

# Welcome and Introduction

Tracy welcomed everyone and asked members to introduce themselves.

# Zoom etiquette

Tracy went through the Zoom etiquette.

# Previous Minutes and Matters Arising

Member		Actions	Update
Chris Smith	Action 1	To get a job description of the role of Learning Disability Representative on the local IAG from Adrian Symonds to share with providers.	Chris emailed Paul to confirm that Harvey Sayce, one of the Service Users at EnviroAbility would definitely like to be an IAG rep for people with LD. Chris said Harvey will make a great rep, as he will be able to express his opinions with or without a carer with him.
Mary Simpson	Action 2	To have a discussion with the Healthy Lifestyle co-ordinators and Active Herefordshire to see which would be the best fit to come to interested providers to discuss Heathy Eating.	Mary was not at the meeting to update board members.
Paul Choppen	Action 3	To add the feedback from the About Health and the Food You Eat Survey to the LDPB webpage. Add the link to Talk Community's heathy eating recipes to the feedback.	Paul has completed this.
	Action 4	Invite Kathryn Wood from Speak Easy Now/ West Midlands Advocacy Network to a future meeting	Paul has completed this and was corrected by Tracy that Kathryn is from West Midlands Advocacy Network who work with Speak Easy.

Member		Actions	Update
	Action 6	Send out an email to members asking for feedback on the LDPB webpage.	Paul still needs to do this.
Tracy Crum/ Mike Cook	Action 5	Write to the Councillors inviting them to be part of the board.	Carolyn has had asked Ewan Archibald to sound out councillors at the next Cabinet meeting about being part of the Board.

Previous minutes-Rose wanted to clarify that Hereford Mencap were in Hereford on Wednesday 23<sup>rd</sup> of June rather than the 26<sup>th</sup> that had been stated in the previous minutes (24 May 22).

Action 1- Paul will correct the 24 May 2022 LDPB minutes with this change.

#### Commissioning updates - Carolyn Whippman

Carolyn introduced herself and gave a brief overview of the work she is involved in including: supported living, day opportunities, learning disability residential homes, LDPB, APB and ICS strategy work.

Carolyn also discussed how she wants to make sure complex needs is an integral part of future commissioning.

She is also having discussions with Eleanor Crichton who is reviewing the Day Opportunities Framework and having meetings with providers about the framework.

She has also been reviewing contracts which have been due for review.

#### Supported Living Framework Review- Carolyn Whippman

Carolyn and Emma Evens (Business Change Manger formally Head of Care Commissioning) is reviewing the Supported Living Framework and are scoping out what it will look like. The current supported living framework is closed and applications to the framework are suspended. The supported Living Framework is being reviewed to make sure individuals are supported to keep their independence, improve the way vacancies or voids are managed, to ease costs for Herefordshire Council and providers and to make sure we have a strength based approach, utilise the resources of Talk Community and make sure the framework caters for all the different needs of the people from who may need to be or are in supported living.

The Supported Living Framework review will include looking at the existing provision, extra care schemes, live in in care and out of county placements. It won't include day opportunities, children services, residential homes, nursing homes or personal assistants.

As part of the review discussions will be had with people currently in supported living, those potentially moving shortly in supported living along with carers, families, various boards including both the LDPB the Autism Partnership and advocates such as Healthwatch, Talk Community, Housing groups etc.

During the review we don't want to forget the work going on in other areas such as developing more provision for people with complex needs, make sure there is collaboration between the day opportunities review and supported living review. Look at how assistive technology can be utilised

within supported living, consider ISC developments and look at what's been achieved with the homecare network and how everything fits together. The aim is to have the new supported living framework up and running before the summer of 2023.

## Day Opportunities Framework Review- Carolyn Whippman

Eleanor Crichton is reviewing the Day Opportunities Framework. The review is a chance to consider how day oppitunities are commissioned, how people are referred into the process, to make sure people have choice and quality services that enable them to do things in their community that matter to them.

Other related areas to community activities will be looked at such as transport and Talk Community. Eleanor is currently in discussions with Transport to find out the current situation and determine what more can be done to improve transport options

Carolyn also mentioned that feedback from participants was that they would like more local services as well as more services in the evening and weekends. Carolyn and Eleanor are currently visting some of the providers who are part of the review with the hope the new framework will be ready for launching in April 2023.

## Talk Community – Emily Lowe

Emily Lowe went through her presentation discussing how Talk Community was the community arm of Herefordshire Council with the aim of linking in the statutory services, voluntary services and community groups to all work together to make Herefordshire a better place to live and work.

Emily also mentioned that she wanted input from people on two projects. The first on getting the views of people on how the Talk Community Directory website which is due to be recommissioned can be improved. They plan on holding workshops with various different people to gather feedback by asking people to think about three key questions:

- 1. What do they want the website to be?
- 2. How can it be made better?
- 3. What are your key priorities for making the website as good as it can be?

Emily also discussed another project that they piloting in Hereford with the WBC PCN (Wargrave, Belmont and Cantilupe Primary Care Network) on how Health can be made more accessible to people and how they can connect with people better, particularly for those mostly living at home. Although the project is being piloted in Hereford with WBC before expanding to the other primary care networks across the county.

The aim is to probably set up a task and finish group to develop this project and gather people's advice and views. If you are interested in either project please email Emily on <u>Emily.Lowe2@herefordshire.gov.uk</u>

Rebecca Hill mentioned that she and Colleen have had conversations this morning with Belmont Surgery and have sent over information on how to improve the take up of annual health checks along with easy read information. **Action 2**-Emily asked Rebecca to forward the information shared with Belmont Surgery to her so she can share it with Wargrave and Cantilupe Surgeries.

#### ICS news-Carolyn Whippman

**Training**-Carolyn discussed the amendment to the Health and Social Care Act on 1<sup>st</sup> July that all providers needed to deliver autism and learning disability mandatory training to their staff. The report in relation to the Oliver McGowan training has been published but as yet the CQC has not decided how the training will be rolled out.

Carolyn is in discussions with Richard Keble on which staff will require the training.

**LeDeR Health Inequalities Headlines**-still focusing on physical health, mental health, bowl health, epilepsy, weight management, cancer and pneumonia. Still work being done to skill up staff so they understand the Mental Capacity Act (best interest decisions), oral care and understanding respect forms along with reasonable adjustments.

**Annual Health Checks-** Carolyn attended a Tackling Health Inequalities meeting on the 14<sup>th</sup> July and at the end of June there were twice as many annual health checks taking place than at the same period the previous year. GP registers are being reviewed to identify people who may have a learning disability or autism and improve accuracy.

Jane asked for annual health checks to include communication with the client/ patient and for the staff conducting the annual health checks to learn how to sign due to difficulties some patients have with verbal communication.

**Autism Joint Strategy**-The Joint Strategy is currently being reviewed and leads for each of the priorities are currently being identified.

There is a need to do some detailed supported living plans. There is an evaluation and roll out of the Allied Science Network Pilot Preventing Health Deterioration in Supported Living in Herefordshire.

#### Learning Disability Week-Colleen Brady and Rebecca Hill

Rebecca thanked Tracy for her attendance during the week. They had 600 people through the door at the Aspire Hub over the whole week. People mentioned how nice it was to be part of the event.

Colleen asked how she could capture feedback on what could be learned from this year's event including what went well on not so well during learning disability week to improve next year's event. Rose hunt said it was great that so many organisations worked engaged with each other in the planning of LD Week and she wanted to congratulate Rebecca and Colleen for helping to coordinate the week.

Colleen also mentioned that four days of the event were held in Hereford. Transport was a bit of a problem. Ledbury is an area where there is a lack of provision. Colleen also hopes to do smaller pop up events throughout the year if there is a desire for it.

Rebecca also thought that communications on the event could be put out sooner if a provider was leading the organisation of the event rather than the Community Learning Disability Team.

**Action 3-** Rebecca also asked for ideas for Learning Disability Week 2023 to be put on the agenda for the next LDPB meeting on the 4<sup>th</sup> of October.

Mencap have taken some photos of learning disability week.

#### http://www.herefordshiremencap.com/learning-disability-week-2022.html

Worcestershire Healthcheckers-

Rachael - Herefordshire's Healthcheckers Project Assistant gave a brief overview of the project explaining how last year Hereford and Worcestershire CCG asked Speak Easy Now to help set up a Herefordshire Healthcheckers Team. The CCG wanted people with learning disabilities to get involved in helping to improve health services and tackling health inequalities.

Speak Easy Now are in the process of recruiting 8-10 people if possible to the Herefordshire Healthcheckers team. Healthcheckers are paid for attending meetings and transport costs are reimbursed.

Gail also mentioned they are planning to recruit a 7 hour p/w project worker for Herefordshire post and a project assistant for 4 hours p/w to work alongside the project worker.

The Healthcheckers will be doing work on reasonable adjustments, sensory environments and will be doing quality checks on annual health checks in the second part of this year both in Herefordshire and in Worcestershire.

Colleen suggested that Gail liaise with herself, Rebecca and the rest of the CLDT regarding getting GP surgeries in Herefordshire on board.

Lucy also mentioned the importance of making sure individuals are supported to fill in their annual health check forms and that they are filled in properly and are up to date prior to the annual health checks so nothing is missed.

#### Sub Group: Feedback from Mary Simpson

As Mary was unable to attend the meeting Paul gave a brief overview of the notes Mary had emailed in. Below are edited information from these notes. Please see attached for the full notes

**LDPB Surveys-**During Learning Disability Awareness week more feedback was gathered and people were encouraged to participate in the surveys each month. A few signed up individually and some staff and parents/ carers/ support workers said they'd help. She has also started visiting providers to encourage participation.

**LD Week**-Healthwatch attended Learning Disability awareness week on Provider day in partnership with Our News Our Views reporters who carried out filmed interviews in Aspire hub and in Ross-on-Wye market. Adrian from Our News Our Views interviewed various people, see the links below:

Adrian interviewing Tracy also from Our News Our Views

https://www.youtube.com/watch?v=QzWymolzpfY

Adrian interviewing Echo's Mike Cook

https://www.youtube.com/watch?v=5Li-tzwt\_bY

## Adrian interviewing John from Hereford Community Farm

## https://www.youtube.com/watch?v=Oj1SPH2-5cY

**Meeting with Speak Easy Now-** Healthwatch is meeting the Speak Easy Now team to find out about their proposals for Herefordshire, to explain what Healthwatch is and see if we can help. We shall report back to the board.

**Gathering Views from the Learning Disability Community-** This year – Karen Healthwatch's Communications Officer and Mary- will be spending some of our time with people with a Learning Disability, carers and service providers. Healthwatch want to hear experiences of health and social care primarily but will naturally hear about other areas including how the cost of living crisis is affecting people/ health inequalities/ loneliness/ Pandemic.

Healthwatch will feedback what they discover. Healthwatch would welcome invites from providers to tell them about their provision, feedback from individuals about their experiences or burning issue that they feel Healthwatch should know about.

Mary can be contacted at mary@healthwatchherefordshire.co.uk

# <u>A.O.B</u>

**Changing Places Toilets**-Carolyn also mentioned that she had a conversation with Rose about the changing places toilets and is looking to see if there is funding to develop more across the county. Rose reiterated that we push the importance of having one in every market town in the county.

Lucy said she was happy to be contacted if we ever need a person to talk about the importance of the changing place toilets as a person who uses them herself.

**Safe Places**- Rose mentioned that Herefordshire Mencap have added all the Talk Community Hubs in Hereford that are open regularly to the Safe Places Scheme.

**Sign Along -**Colleen mentioned that the CLDT had been caught in a storm with members of the deaf community around their dislike of the use of Sign-Along.

Since members of the CLDT had done Sign-Along training and three members of staff had put a video on twitter of themselves signing their name using Sign-Along. Accusations had been made that the CLDT was being discriminatory to the deaf community by promoting Sign-Along and emphasising their preference for the use British Sign Language. The CLDT has received in the region of 15-20 complaints.

Accusers had failed to understand that the team is a learning disability team and that if someone required British Sign Language then they would get an interpreter like any specific language. We are not BSL trained staff.

Their own speech and language therapist has raised the issue with the Royal College of Speech and Language Therapists however they were looking for direction from the board about what else they could do.

Jayne Mglone mentioned that if Colleen wants some information and advice she knew a discrimination lawyer.

**Action 4** -Carolyn asked Colleen to send her some more information on the issues so she can see the finer detail. Collen does understand the issues that the deaf community have with sign along but didn't endorse the way they went about raising them.

**Herefordshire Mencap** –Rose mentioned that the Stay Up Late campaign has been relaunched as the No Bed Time by Heavy Rock. Discussions around the next date will happen in September.

The next Community Games will take place in spring 2023 rather than in September. The next meeting around organising the event will take place on the 7<sup>th</sup> of September at Halo Leisure Centre. Please email Rose for more details.

**Joint Worcestershire and Herefordshire LDPB meeting**-Lesley Wood asked if a joint meeting with both LDPBs could be organised. Conversations about a date and venue will happen in due course.

Date of Next Meeting- It was agreed that the next meeting would be on the 4<sup>th</sup> October 2022 from 2pm-4pm. Meeting details will be sent out in due course.

### <u>Actions</u>

Name		Action
Paul	Action 1	Correct the 24 May 2022 LDPB minutes with this change.
	Action 3	Rebecca also asked for ideas for Learning Disability Week 2023 to be put on the agenda for the next LDPB meeting on the 4th of October.
Rebecca	Action 2-	Emily asked Rebecca to forward the information shared with Belmont Surgery to her regarding improving the take up of Annual Health Checks along with easy read information, so she can share it with Wargrave and Cantilupe Surgeries.
Colleen	Action 4	Colleen to send Carolyn more information on the abuse CLDT had received from members of the death community for promoting Sign Along so she can see the finer detail.