

Learning Disability Partnership Board minutes

3/12/19 10am-1pm, Bromyard and Sutton Room, Plough Lane

Attendees and apologies:

Attendees	
Gill Gorle	ACSYL
Rob Gorle	ACSYL
Tracey Roberts	Echo / Our News Our Views
Michelle Ballion	Carers Trust 4all
Mike Cook	ECHO
Rebecca Hill	2gether
Nicki Cope	2gether
Emille Gardner	2gether
Rose Hunt	Mencap
Paul Scott	Mencap and service user
Sean Ladd	National Star
Paul Burgess	Service user
Louise Walton	Marches Family Network
Mary Simpson	Heathwatch
John Burgess	CCG
Carolyn Whippman	Herefordshire Council Quality Team
Mair Edmunds	Herefordshire Council Housing Team
Helen George	Herefordshire Council Housing Team
Laura Ferguson	Herefordshire Council
John Gorman	Herefordshire Council
Paul Choppen	Herefordshire Council

Apologies	
Ian Harper	Aspire Living
Barbara Brown	Aspire Living
Jade Brooks	Herefordshire CCG

Introductions, Previous Minutes and Matters Arising

John welcomed everyone and asked members to introduce themselves.

John then went through the previous minutes.

Paul has typed up a letter to the banks asked them what financial support / training they offer to people with Learning disabilities but hasn't sent it out.

Action 1. Paul to send letter to the banks around what financial support they offer to people with learning disabilities.

The draft LDPB logo designs from the communications team have been circulated to board members by email, and print outs brought to the meeting, as well as the old sorted logo design. Members will vote on which design they prefer at the next LDPB meeting in March.

See attached for logo designs:



HLDPB LOGO.pdf



new sorted
jpeg.JPG

Where I live

User experience -Paul Burgess

Paul attended the meeting as a guest speaker to talk about his own experience of moving from his family home to now living in his own flat with the help of Helen from the housing team. Paul explained that it had taken him 8 months to move into his own flat which he did in October since meeting Helen to discuss living on his own. He found the most difficult thing had been leaving his mum who he was a carer for when she broke her leg.

He explained that he was really excited when he first signed his tenancy and he has enjoyed living on his own ever since. Paul gets a few hours support each week, and this help him do things like paying the bills.

Mair Edmunds - Housing team

Mair then explained the process of how the council supports a person with a learning disability to get their own place.

The team is currently supporting around 50 people. 12 of which are priority. The team always try and move individuals to a property local to their family if that's what they want. They want to develop more independent units in Leominster.

The team work closely with Transitions. They are doing some work with 16 years olds at Barrs Court to help the plan for their future housing needs.

Rose Hunt mentioned that Royal Mencap had been working with Vodafone on a project around assistive technology called Connected Living that had been piloted around the country.

For more information see: <https://www.mencap.org.uk/get-involved/corporate-partnerships-and-trusts/our-partnerships/vodafone-connected-living>

Where I live survey

Laura explained that in order to gain some feedback from people with a learning disability in readiness for the meeting today, herself and Paul had had designed a housing survey. This had been created on line and as a downloadable document, they links had been sent out to advocacy groups to fill in. Laura had tallied the feedback. Since the meeting more returns had been received and so a final count for each answer has been done. These results will be published on the LDPB web page. .

At the time of the meeting 21 people had responded to the survey for context the council currently supports 591 people who have a learning disability. See attached for more information.

Some of the highlights from the 21 respondents included:

- 13/21 live in a shared house.
- All of them were getting support from staff. One said they got support from neighbours. Two people said they got support from friends. Five people said they were getting support from family.
- 20/21 are happy where they are living.
- 17/21 liked who they lived with. 11/21 Like the staff where they live.
- 18/21 involved in choosing where they live.
- 18/21 said they wanted to stay where they are.

Where people do want to move on they want to move into their own place.

- Live on their own
- Live on their own with support nearby.

10 people completed the survey by themselves and 11 need support.

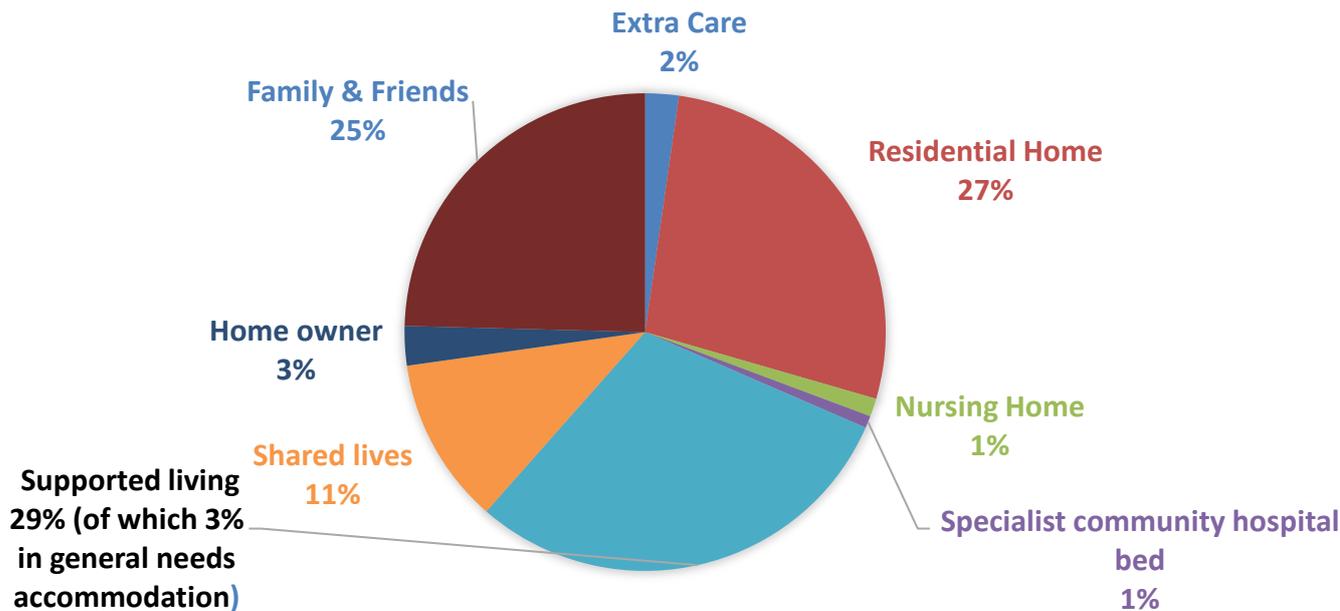
Tracey noted that when she helped people fill out they survey they struggled understanding some of the questions.

It was agreed that in the future draft versions of surveys / questionnaires would include more examples of feedback wanted and will be circulated to advocates for comment prior to the final document being issued where ever possible

Where people are currently living: feedback

Laura showed everyone a pie chart detailing where people currently living. She explained that out of all the 591 people that the council support 25% live with their families.

Similar number live in care homes and residential homes. Only slightly more 29% live in supported living. Of the 29% in supported living only 3% own their own home. Laura would like to see more people live in supported living whether that be in a shared house or have their own flat.



Concerns were raised around quality assurance systems and how to capture housing issues tenants have. Carolyn from the Housing Team- said that by using surveys, having one to one conversations with the tenants, carers and the manager of the adult placements she hopes to gather as fuller pictures as possible.

John suggested inviting David Davies from Shared Lives to the March meeting to discuss quality assurance systems within Shared Lives.

Action 2-. Paul Invite Dave Davies to next meeting to discuss quality assurance systems within Shared Lives

A conversations ensued about creating videos where LD Tenants could discuss what it’s like to live in their own homes / shared living.

Action 3- Laura, John Paul -Investigate development of videos to help people and families see what choices of accommodation there is for people to live in

Implementation Plan Objectives- John Gorman

The board had a discussion on what it thought the top priorities were for 2020 regarding the topics Being Healthy and Feeling Safe and What I do during the Day. The big issues that were discussed included:

Being Healthy and Feeling Safe

- Annual Health Checks-including an awareness campaign-obtaining accurate local figures
- Support for Healthy eating
- Safe Places – possibility of using Talk Community Hubs as Safe Places
- Mental Health
- Social Prescribing- Using non medicated Events for people

- Aging Population- including Dementia, Alzheimer's

Action 4 Laura, John Paul to look into with help from the CCG the number of health checks being done / the size of the LD population to work out what targets are needed for 2020

Rose had suggested inviting Rowana Nicell a social prescriber from Ross to the next board meeting in March.

Action 5-Paul to invite Rowana Nicell to the next meeting to discuss Social Prescriber.

What I do during the day

- Employment
- Activities- more choice /creative and engaging activities/ more flexibility

It was agreed that the implementation plan would be recirculated and board members would be asked for their ideas for 2020.

Action 6- Paul / John to - Circulate the main implementation actions within the current LD strategy and ask Board for ideas for 2020

A.O.B.

Sean Ladd-Star College – Star College are running Adult Learning Course in cooking, arts and craft, IT etc. The courses last 6 week and are in the evening from 5-7pm at National Star College, Harrow Rd, Hereford, HR4 0EH.

Rose Hunt Mencap

Party Manifestos - Rose Hunt mentioned that Mencap had done easy read version of each party's manifesto. They are available to look at here: <https://www.mencap.org.uk/get-involved/campaign-mencap/elections/general-election-2019-easy-read-manifestos>

Hustings - Rose Hunt mentioned that Mencap was running hustings where you could meet the candidates vying to be your local MP.

LD Link Worker, Herefordshire Mencap – Herefordshire Mencap have an opportunity for a Link Worker to find out what is important to people with a learning disability in Herefordshire. The job is for 3 years, 5 hours per week at a rate of £9 per hour. The closing date is the 10th of January and interviews will start on the 24th of January 2020.

If you know anyone who may be interested email Rose Hunt on rose@herefordshiremencap.com

Jayne Davies, Learning Disability Liaison Nurse –Jayne has been seconded from Herefordshire Mental health and Learning disability services to Hereford County Hospital Monday to Thursday to do the role as a learning disability liaison nurse, then on a Friday stays with the community LD team on a Friday with Herefordshire Mental health and Learning disability services.

Marry Simpson; Healthwatch

Healthwatch Herefordshire

Mental Health Strategy- Mary said that Worcestershire CCG on behalf of Hereford and Worcester STP (Sustainability and Transformation Plan) want people's views on mental health and what local services you think are needed. See attached for info.



HW-Mental Health
Strategy.docx

Reasonable Adjustments- Healthwatch wants to produce a list of reasonable adjustments for service and employment providers to use as a resource when making their own adjustments. For more information click on the links below:

Individual Survey: <https://www.surveymzmo.com/s3/5209870/My-favourite-experiences-of-Reasonable-Adjustments>

Services and Organisations Survey: <https://www.surveymzmo.com/s3/5217243/My-favourite-experiences-of-making-Reasonable-Adjustments>



HW-Reasonable
Adjustments.docx



RAdjustmentsflyer.
pdf



RAsurveyseuser
sandemployees.pdf



Orgsurveyra.pdf

Men's Health - Healthwatch wants to know what men think they can do to improve their health. A survey is available here: <http://www.surveymzmo.com/s3/5173431/men-s-health>

Items for the next agenda:

- Social Prescribing
- Implementation Plan Objectives -Keeping Healthy and Safe and Feeling Safe
-What I do during the day

Actions

Actions table		
Who	What	When
Paul	Action 1. Paul to send letter to the banks around what financial support they offer to people with learning disabilities	10 th March 2020
	Action 2-. Paul Invite Dave Davies to next meeting to discuss quality assurance systems within Shared Lives	February 2020
	Action 5-Paul to invite Rowana Nicell to the next meeting to discuss Social Prescriber.	February 2020
	Action 6- Paul to -Circulate the main implementation actions within the current LD strategy and ask Board for ideas for 2020	17 th December 2019

Paul Choppen / Laura Ferguson / John	Action 4 Laura, John Paul find out the number of health checks being done / the size of the LD population to work out what targets are needed for 2020	10 th March 2020
	Action 3- Laura, John Paul -Investigate development of videos to help people and families see what choices of accommodation there is for people to live in	10 th March 2020
All		10 th March 2020

Items for the next agenda:

- Introductions, Apologies, and Pervious Minutes.
- Matters Arising
- Logo
- Social Prescribing- Rowena Nicell
- Quality Assurance Systems Shared Lives-David Davies
- Implementation Plan Objectives
 - Keeping Healthy and Safe and Feeling Safe
 - What I do during the day
- A.O.B

Next Learning Disability Partnership Board Meeting -10th March 2020 10am-1pm, Herefordshire and Leominster Room, Herefordshire Council Offices, Plough Lane, Hereford.