



What I do during the day? - Key themes from the feedback



Many people did not know how to make changes to the things that they do.



Some people thought that all changes needed to go through a social worker



Some people felt that changes could only be made once a year



Some people didn't feel they had anyone to support them to make changes

To make choices many people need:



Time and opportunities, it's important to talk about the options, give time to think about things before making a decision



What's available and when, information that's presented in a way people can understand



Good **support** to help the person make their own choices



Informed choice - it's easier to make a choice when you have tried it out first



For many, it's easier to try something new with a friend rather than on your own

The Partnership Board will:



Look at ways to make sure that all providers not only review the quality of the service they offer, but put the person at the centre to make sure they have opportunities to change and experience new things.



Make sure that when services are designed, there is a focus on how people are supported and how information is presented to make choices.



Revisit the Charter of rights at a future meeting, which talks about how people are supported to speak up for themselves.



Work with Talk Community hubs to help them help people with a learning disability



Work with social work teams to share the feedback and experiences of people with a learning disability when they make choices