

Group Cycle Rides in Hereford



We recommend checking the club facebook pages for the most up to date information on planned rides.

The rides are listed by difficulty, with slower paced and shorter rides at the top of each day.

Hereford Clubs

Climb On Bikes Cycling Club

Facebook: [climbonbikescc](#)

ELY Race Club

www.britishcycling.org.uk/club/profile/7856/ely-race-club
Facebook: [ELY100cycle](#)

Gannets Cycling Club

gannetcycling.wixsite.com
e: gannetcycling@hotmail.co.uk
Facebook: [GannetCyclingClub](#)

Herefordshire Cycling Club

herefordshirecyclingclub.org.uk
e: committee@herefordshirecyclingclub.org.uk
Facebook: [HerefordshireCC](#)

Hereford Mountain Bike Club

www.herefordmtb.com
e: sayhello@herefordmtb.com
Facebook.com/[Hereford-MTB](#)

Hereford Triathlon Club – Group Rides (for club members only)

www.herefordtriathlonclub.co.uk/training
e: herefordtriathlonclub@hotmail.com
Facebook.com/[Hereford-Triathlon-Club](#)

Hereford Wheelers

www.herefordwheelers.com
e: secretary@herefordwheelers.com
Facebook.com/[Hereford-Wheelers](#)

Spot on coaching

spot-on-coaching.co.uk
e: jonty@spot-on-coaching.co.uk

Tuesday

Open Ride (In association with Balfour Beatty)

Meet: 5:15pm from Balfour Beatty, Thorn Depot, Rotherwas.
(Distance of approx. 15 miles.)

Hereford Mountain Bike Club All welcome, not just members.

Meet: 6pm, Forest of Dean approx 2 hours
The rides usually end with a chat in the local Café or Pub.

Gannets Cycling Club

Meet: 6.30pm by Sainsburys traffic lights (15-16 mph average speed)

Open Ride (not led/controlled by any particular club)

Meet: 6.30pm at Steeles a 30 mile ride at approximately 18 mph.

Wednesday

Hereford Wheelers – Wednesday Wheelers

Meet: 10.30am at Jules' Café in Weobley. *Distance and speed is variable.*

Thursday

Hereford Mountain Bike Club All welcome, not just members.

Meet: 6pm, Forest of Dean approx 2 hours
The rides usually end with a chat in the local Café or Pub

Gannets Cycling Club

Meet: 6.30pm in Sutton street for a 30-40 mile ride.

Friday

Hereford Wheelers – Friday Antiques Road Show

Meet: 9.30am at GWW to ride to the Baptist Church Hall in Ewyas Harold (approx. 25 mile)

Saturday

ELY Race Club

Meet: 9.30 at Hereford Leisure Centre.
Two groups - Group 1 is quick and around 30 - 40 miles.
Group 2 is for new and old members, steady pace around 30 - 35 miles. Both groups operate a non drop, so no one is left behind.

Hereford Wheelers – Easy Rides (March – December)

1st & 3rd Sat of each month -

Meet: 9am at Hereford Leisure Pool - near the tennis courts
(unless otherwise stated on facebook)
20-25 miles at an easy 10-12mph pace. Open to all abilities.

Herefordshire Cycling Club

Meet: 9.30am from Chaingang Cycle Shop – parents and children welcome for a ride of up to 30 miles.

Spot on coaching

Meet: 10am from Elite Performance Gym, Millbrook Street.
25 mile ride at around 14 mph.

Gannet Cycling Club

Meet: Club ride 9.30am from the Three Elms Pub
Usual distance of 35 miles averaging 16mph.

Climb On Bikes Cycling Club

Meet: 9am outside shop on Coningsby Street. Approx 30 mile ride at 22mph.

Sunday

Herefordshire Cycling Club – Go-Ride sessions

Fortnightly sessions for children aged between 5 – 16 years old.
Two sessions will be run each day, with groups split by age/ability at the coaches discretion.
Times will be 9.30-10.30 and 10.30-11.30 at Wye Vale Business Park.
Cost of £5 per session.

ELY Race Club

Meet: 9.00 at The Coffee Cart, Old Market. This is a quick ride, 60 miles plus.

Hereford Mountain Bike Club

We ride at various different trail centres and locations on Sundays, please get in contact for details.
The rides usually end with a chat in the local Café or Pub.

Hereford Triathlon Club – Group Rides (for club members only)

Meet: 8.30am at Hereford Leisure Pool. Distance of 30 -70 miles.
All abilities welcome with three different groups: fast, intermediate and slower pace.

Hereford Wheelers – Training Group ride (Winter only)

Meet: 9.15am Club ride from Steels Westgate. Distance of 40 miles before xmas with a coffee stop, progressing up to 70 miles in the new year at 15 – 18mph

Hereford Wheelers – Brisk Club Run (all year)

Meet: 9.30am Club ride from Steels Garage. Around 40-60 miles at 12 - 14 mph with a coffee stop.

Gannet Cycling Club

Meet: 9:00am at Steels Garage. Approx. 60-75miles at 18mph

Ely Race Club

Meet: 9.30 at Hereford Leisure Centre.
The Sunday ride is longer and a faster pace than the Saturday ride.
All welcome. 70 – 105miles at 18-21mph.

Please note for all rides you must be covered by your own insurance.

You can get insurance as part of a membership package with British Cycling and Cycling UK.

Further Cycling Information

Herefordshire Council Cycling home page:
www.herefordshire.gov.uk/cycling

Choose How You Move
www.herefordmove.org

Cycling Herefordshire Facebook group
[Facebook.com/groups/555719558205212](https://www.facebook.com/groups/555719558205212)

Ledbury Area Cycle Forum
www.lacf.org.uk

Other led rides in Hereford

Led Rides for Women

Shirley's Wheels Led Rides is a centrally government funded project aimed at helping women, young and old - with or without a bicycle – to get out and about on 2 wheels. Regular rides every Friday morning. A ride the fourth Monday of the month and the first and second Saturday of the month. Short rides mostly along off road cycle paths at a gentle pace; starting from various locations across Hereford. All abilities welcome.

Led rides for Everyone

On the first and second Saturday of each month join us at The Cider Museum - by Sainsbury's, Whitecross for easy rides and great company. Leave at 10am, finished around 11 am – just turn up on the day.

www.herefordshire.gov.uk/cycling

e: move@herefordshire.gov.uk