

Adult and Community Learning Courses 2023/24

Course list compiled on:

22 April 2024



Learning Provider: Landau Ltd

Landau have the space and ability to help individuals to take ownership of their own learning development. We entrust our learners with a lot of supported responsibility allowing them to understand and appreciate independent learning and workplace behaviours, values and attitudes.

The Landau Learning environment is a safe space to develop and grow, it is a stepping stone onto a desired destination.

Our approach is focused on person centred learning with a friendly and experienced team of staff and business partners. We support learners in small groups to achieve their aspirations and overcome any barriers to learning.

Website: https://www.landau.co.uk/

Email: jane.savory@landau.co.uk

Tel: 07512 311179

Current Courses

Please contact the Provider directly to discuss your requirement and book your place.

U-LAN-FSE-06 Functional Skills English (Tues AM)

Learners who lack confidence in using English to apply for jobs or to help their children with homework will benefit from coming to these classes. The course will equip learners with the skills and knowledge in English to pass the functional skills exams in reading, writing and speaking.

Learners will practise and gain confidence in these skills in small groups and enjoyable lessons.

Tutor: Jane Savory

Venue: HVOSS, 52 Broad Street, Hereford HR4 9AB

Start Date: 09/01/2024 End Date: 31/07/2024









U-LAN-FSE-07 Functional Skills English (Tues PM)

Learners who lack confidence in using English to apply for jobs or to help their children with homework will benefit from coming to these classes. The course will equip learners with the skills and knowledge in English to pass the functional skills exams in reading, writing and speaking.

Learners will practise and gain confidence in these skills in small groups and enjoyable lessons.

Tutor: Jane Savory

Venue: HVOSS, 52 Broad Street, Hereford HR4 9AB

Start Date: 09/01/2024 End Date: 31/07/2024

Start Time: 13:30

U-LAN-FSE-08 Functional Skills English (Tues Eve)

Learners who lack confidence in using English to apply for jobs or to help their children with homework will benefit from coming to these classes. The course will equip learners with the skills and knowledge in English to pass the functional skills exams in reading, writing and speaking.

Learners will practise and gain confidence in these skills in small groups and enjoyable lessons.

Tutor: Jane Savory

Venue: HVOSS, 52 Broad Street, Hereford HR4 9AB

Start Date: 09/01/2024 End Date: 31/07/2024









U-LAN-FSE-09 Functional Skills English (Wed AM)

Learners who lack confidence in using English to apply for jobs or to help their children with homework will benefit from coming to these classes. The course will equip learners with the skills and knowledge in English to pass the functional skills exams in reading, writing and speaking.

Learners will practise and gain confidence in these skills in small groups and enjoyable lessons.

Tutor: Jane Savory

Venue: Leominster Community Centre, School Road, Leominster HR6 8NJ

Start Date: 10/01/2024 End Date: 31/07/2024

Start Time: 10:00

U-LAN-FSE-10 Functional Skills English (Wed After/Eve)

Learners who lack confidence in using English to apply for jobs or to help their children with homework will benefit from coming to these classes. The course will equip learners with the skills and knowledge in English to pass the functional skills exams in reading, writing and speaking.

Learners will practise and gain confidence in these skills in small groups and enjoyable lessons.

Tutor: Jane Savory

Venue: Leominster Community Centre, School Road, Leominster HR6 8NJ

Start Date: 10/01/2024 End Date: 31/07/2024









Learning Provider: Nationwide Community Learning Partnership

We are a caring and effective training organisation committed to delivering a holistic range of training to the highest quality in order to meet the need of parents and parents-to-be both locally and nationally.

We aim to achieve and maintain the highest standards of quality in all aspects of our operations. We will continually strive to improve the life chances and expectations of our learners and their children through effective partnership working.



Website: www.nclpparentingcourses.org.uk

Email: rachelc@ymtb.co.uk

Tel: 07969 761730

Current Courses

Please contact the Provider directly to discuss your requirement and book your place.

U-NCL-CFC-08 Caring for Children L1 Certificate (Widemarsh)

- The Caring for Children L1 Certificate course is aimed at parents who want to improve their parenting skills and/or those who want to explore the option of childcare as a career.
- Learners work towards an accredited Level 1 qualification as part of the course and are often progressing from the L1 Award course
- Engages those from the groups named as Adult and Community priorities that are least likely to participate in learning to provide them with the confidence they need to develop skills in childcare and parenting
- Sessions are delivered in small, friendly and supportive groups that address everyday life issues relating to learners' personal and social skills that prevent them from learning and generally progressing in life to become self-assured, economically and independent individuals.
- Provides a sounds basis knowledge of all aspects related to parenting and childcare
- Provides a good stepping stone as a way of progressing on to an accredited Level 2 qualification

Tutor: Cathy Williams

Venue: Widemarsh Children's Centre, Widemarsh Common, Hereford HR4 9NA

Start Date: 19/02/2024 End Date: 17/06/2024









U-NCL-CFC-10 Caring for Children L1 Certificate (Coningsby)

- The Caring for Children L1 Certificate course is aimed at parents who want to improve their parenting skills and/or those who want to explore the option of childcare as a career.
- Learners work towards an accredited Level 1 qualification as part of the course and are often progressing from the L1 Award course
- Engages those from the groups named as Adult and Community priorities that are least likely to participate in learning to provide them with the confidence they need to develop skills in childcare and parenting
- Sessions are delivered in small, friendly and supportive groups that address everyday life issues relating to learners' personal and social skills that prevent them from learning and generally progressing in life to become self-assured, economically and independent individuals.
- Provides a sounds basis knowledge of all aspects related to parenting and childcare
- Provides a good stepping stone as a way of progressing on to an accredited Level 2 qualification

Tutor: Cathy Williams

Venue: Coningsby & North Herefordshire Children's Centre, Coningsby Road, Leominster HR6 8LL

Start Date: 21/02/2024 End Date: 19/06/2024









U-NCL-CFC-11 Caring for Children L1 Certificate (Ross)

- The Caring for Children L1 Certificate course is aimed at parents who want to improve their parenting skills and/or those who want to explore the option of childcare as a career.
- Learners work towards an accredited Level 1 qualification as part of the course and are often progressing from the L1 Award course
- Engages those from the groups named as Adult and Community priorities that are least likely to participate in learning to provide them with the confidence they need to develop skills in childcare and parenting
- Sessions are delivered in small, friendly and supportive groups that address everyday life issues relating to learners' personal and social skills that prevent them from learning and generally progressing in life to become self-assured, economically and independent individuals.
- Provides a sounds basis knowledge of all aspects related to parenting and childcare
- Provides a good stepping stone as a way of progressing on to an accredited Level 2 qualification

Tutor: Cathy Williams

Venue: Ross-On-Wye (Ryefield) Children's Centre, Grammar School Close, Ross-on-Wye HR9 7QD

Start Date: 22/02/2024 End Date: 20/06/2024









U-NCL-CFC-12 Caring for Children L1 Certificate

- The Caring for Children L1 Certificate course is aimed at parents who want to improve their parenting skills and/or those who want to explore the option of childcare as a career.
- Learners work towards an accredited Level 1 qualification as part of the course and some may be progressing from the L1 Award course
- Engages those from the groups named as Adult and Community priorities that are least likely to participate in learning to provide them with the confidence they need to develop skills in childcare and parenting
- Sessions are delivered in small, friendly and supportive groups that address everyday life issues relating to learners' personal and social skills that prevent them from learning and generally progressing in life to become self-assured, economically and independent individuals.
- Provides a sounds basis knowledge of all aspects related to parenting and childcare
- Provides a good stepping stone as a way of progressing on to an accredited Level 2 qualification

Tutor: Cathy Williams

Venue: Marlbrook Primary School, Green Croft, Hereford HR2 7NT

Start Date: 22/02/2024 End Date: 18/07/2024









U-NCL-PSD-01 Personal and Social Development (Widemarsh)

- The PSD course is aimed at parents who want to improve their personal, social and work skills.
- Learners work towards an accredited Level 1 qualification as part of the course
- Engages those from the groups named as Adult and Community priorities that are least likely to participate in learning to provide them with the confidence they need to develop skills in personal and social development and work skills.
- Sessions are delivered in small, friendly and supportive groups that address everyday life issues relating to learners' personal and social skills that prevent them from learning and generally progressing in life to become self-assured, economically and independent individuals.
- Provides a sounds basis knowledge of all aspects related personal, social and work skills

Tutor: Cathy Williams

Venue: Widemarsh Children's Centre, Widemarsh Common, Hereford HR4 9NA

Start Date: 22/04/2024 End Date: 17/06/2024

Start Time: 10:00

U-NCL-PSD-03 Personal and Social Development (Coningsby)

- The PSD course is aimed at parents who want to improve their personal, social and work skills.
- Learners work towards an accredited Level 1 qualification as part of the course
- Engages those from the groups named as Adult and Community priorities that are least likely to participate in learning to provide them with the confidence they need to develop skills in personal and social development and work skills.
- Sessions are delivered in small, friendly and supportive groups that address everyday life issues relating to learners' personal and social skills that prevent them from learning and generally progressing in life to become self-assured, economically and independent individuals.
- Provides a sounds basis knowledge of all aspects related personal, social and work skills

Tutor: Cathy Williams

Venue: Coningsby & North Herefordshire Children's Centre, Coningsby Road, Leominster HR6 8LL

Start Date: 24/04/2024 End Date: 20/06/2024









U-NCL-CFC-13 Caring for Children L1 Award

- The Caring for Children L1 Award course is aimed at parents who want to improve their parenting skills and/or those who want to explore the option of childcare as a career.
- Learners work towards an accredited Level 1 qualification as part of the course
- Engages those from the groups named as Adult and Community priorities that are least likely to participate in learning to provide them with the confidence they need to develop skills in childcare and parenting
- Sessions are delivered in small, friendly and supportive groups that address everyday life issues relating to learners' personal and social skills that prevent them from learning and generally progressing in life to become self-assured, economically and independent individuals.
- Provides a sounds basis knowledge of all aspects related to parenting and childcare
- Provides a good stepping stone as a way of progressing on to an accredited Level 1 Certificate and Level 2 qualification

Tutor: Cathy Williams

Venue: Kindle Centre, Belmont Road, Hereford HR2 7JE

Start Date: 15/05/2024 End Date: 16/07/2024









Learning Provider: South Wye Development Trust

South Wye Development Trust is a charity committed to South Wye to benefit local people, making it a great environment to live, work, play and visit.

Website: www.kindlecentre.org.uk

Email: mandy@kindlecentre.org.uk

Tel:

Current Courses

Please contact the Provider directly to discuss your requirement and book your place.

U-SWT-ESL-16 Community ESOL

To encourage and support learners in the community (whose first language is not English) to develop the language skills needed in daily life, work and study situations. To provide these learners with the necessary skills and abilities to empower them to take an active role in their lives and wider society. To build the confidence and self-esteem of learners (particularly from marginalised and socially isolated groups) to increase their further study, retraining and work opportunities.

Tutor: Aleksandra Klimczok

Venue: Kindle Centre, Belmont Road, Hereford HR2 7JE

Start Date: 09/04/2024 End Date: 16/07/2024









U-SWT-ESL-13 Community ESOL

To encourage and support learners in the community (whose first language is not English) to develop the language skills needed in daily life, work and study situations. To provide these learners with the necessary skills and abilities to empower them to take an active role in their lives and wider society. To build the confidence and self-esteem of learners (particularly from marginalised and socially isolated groups) to increase their further study, retraining and work opportunities.

Tutor: Kathryn Bryne

Venue: Kindle Centre, Belmont Road, Hereford HR2 7JE

Start Date: 10/04/2024 End Date: 17/07/2024

Start Time: 10:00

U-SWT-ESL-14 Community ESOL

To encourage and support learners in the community (whose first language is not English) to develop the language skills needed in daily life, work and study situations. To provide these learners with the necessary skills and abilities to empower them to take an active role in their lives and wider society. To build the confidence and self-esteem of learners (particularly from marginalised and socially isolated groups) to increase their further study, retraining and work opportunities.

Tutor: Kathryn Bryne

Venue: Kindle Centre, Belmont Road, Hereford HR2 7JE

Start Date: 10/04/2024 End Date: 17/07/2024









U-SWT-ESL-17 Community ESOL

To encourage and support learners in the community (whose first language is not English) to develop the language skills needed in daily life, work and study situations. To provide these learners with the necessary skills and abilities to empower them to take an active role in their lives and wider society. To build the confidence and self-esteem of learners (particularly from marginalised and socially isolated groups) to increase their further study, retraining and work opportunities.

Tutor: Aleksandra Klimczok

Venue: Kindle Centre, Belmont Road, Hereford HR2 7JE

Start Date: 11/04/2024 End Date: 18/07/2024

Start Time: 06:00

U-SWT-ESL-15 Community ESOL

To encourage and support learners in the community (whose first language is not English) to develop the language skills needed in daily life, work and study situations. To provide these learners with the necessary skills and abilities to empower them to take an active role in their lives and wider society. To build the confidence and self-esteem of learners (particularly from marginalised and socially isolated groups) to increase their further study, retraining and work opportunities.

Tutor: Helga Douthwaite

Venue: Kindle Centre, Belmont Road, Hereford HR2 7JE

Start Date: 12/04/2024 End Date: 19/07/2024









U-SWT-ESL-18 Community ESOL

To encourage and support learners in the community (whose first language is not English) to develop the language skills needed in daily life, work and study situations. To provide these learners with the necessary skills and abilities to empower them to take an active role in their lives and wider society. To build the confidence and self-esteem of learners (particularly from marginalised and socially isolated groups) to increase their further study, retraining and work opportunities.

Tutor: Helga Douthwaite

Venue: Kindle Centre, Belmont Road, Hereford HR2 7JE

Start Date: 12/04/2024 End Date: 19/07/2024









Learning Provider: The Cart Shed Charity CIO

Working outdoors in a beautiful woodland environment, The Cart Shed offers opportunities to try something new and improve wellbeing; to find friends; a sense of belonging and a place of calm, in a supportive, caring environment.

Participants choose from a range of coppicing craft, woodland skills and horticulture courses.



- Opportunities to learn new skills, gain qualifications.
- Opportunities to progress towards volunteering or employment.
- Opportunities to gain work experience

Open to adults:

- with a disability or learning difficulty including poor mental health.
- who are homeless or in danger of becoming homeless.
- Care leavers.
- Unemployed
- Veterans/serving members of the Armed Forces, partners/spouse living in Herefordshire

Free transport is also available from Leominster, Hereford and Kington (9am pick up, 4pm drop off).

Website: www.thecartshed.co.uk
Email: info@thecartshed.co.uk

Tel: 07796 421373

Current Courses

Please contact the Provider directly to discuss your requirement and book your place.









U-TCS-PHW-02 Horticulture & Wellbeing Spring 2 2024

Horticulture Wellbeing Spring 2 2024 is an Adult and Community Learning course.

Course Outline and Expectations

This course will be delivered at TCS Polytunnel site where you will be

guided and supported in learning some basic wellbeing strategies and horticultural skills.

The course will use the principles of occupational therapy 'Doing,

Being, Becoming' and the 5 Ways to Wellbeing to help you develop

an understanding of how to maintain your own health and wellbeing.

It is a tailored programme of learning, not a formal qualification.

Returning learners will have the opportunity to work with tutors to design an appropriate individual programme to support ongoing

progression.

Course structure

This course is scheduled on Mondays for a 6 -week period from 15th

April until 20th May.

Please be aware that it is expected that you will make a commitment

to attending for all sessions.

Each session will run from 10am to 3pm and transport may be

available from Hereford, please ask if this is something that you would like to use.

What a typical day might look like:

10am Arrive onsite. Welcome from the tutors and meet and greet with the other learners.

Followed by an introduction to the day and the day's task(s).

Required start of day paperwork.

10.15 – 11.00am Wellbeing or Horticultural session.

11.00 – 11.45pm Wellbeing Walk taking notice of plants in the local area.

11.45 – 12.30pm An Introduction to / demonstration of the activities

for the day.

12.30 – 1.00pm Lunch time – the importance of looking after

ourselves, taking time for lunch, fuelling our bodies. Mindful mouthfuls – an opportunity to eat mindfully.

1.00 – 2.20pm Horticultural activities practical session.

2.20 - 2.30pm Tidy up and tools put away.

2.30 – 3pm Group chat, roundup of the day, sharing achievements

and required paperwork.

Your Tutor, Wellbeing Teaching Assistant who is an Occupational

Therapist, and Tutor Support Volunteers will be available throughout

the day to help you with any aspects of the course that you are finding challenging.

Tutor: Felicity Weeks

Venue: The Cart Shed, Norton Canon, Herefordshire HR4 8QN

Start Date: 15/04/2024 End Date: 20/05/2024









U-TCS-GRW-01 Green Willow & Wellbeing

Green Willow & Wellbeing is an Adult and Community Learning course where participants will be guided and supported in learning some basic willow working skills. Participants will also be supported to develop tools and strategies for managing their health and wellbeing based on Michael Mosley's Just One Thing.

Tutor: Oliver Cameron Swan

Venue: The Cart Shed, Norton Canon, Herefordshire HR4 8QN

Start Date: 17/04/2024 End Date: 22/05/2024

Start Time: 10:00

U-TCS-BEA-01 Being Autistic

This course will be delivered at The Cart Shed polytunnel site where participants will be guided and supported in learning about autism and developing tools and strategies for managing their health and wellbeing.

It is a tailored programme of learning, not a formal qualification and is intended to help those furthest from learning or the workplace; learners with a disability or learning difficulty including mental ill

health; those who are in sheltered living or at risk of homelessness and refugees.

Returning learners will have the opportunity to work with tutors to design an appropriate individual programme to support ongoing progression.

Tutor: Oliver Cameron Swan

Venue: The Cart Shed, Norton Canon, Herefordshire HR4 8QN

Start Date: 25/04/2024 End Date: 11/07/2024









U-TCS-WSC-02 Improvers Whittling Skills for Autistic People and ADHDers

A 5-week course giving learners the opportunity to learn carving knife and axe skills, advice on timber selection and guidance through several whittling projects including spoon carving.

The learners will all be members of the Autistic and ADHD community and all tutors and volunteers will be either members of the Autistic and ADHD community or have experience working with Neurodivergent people. The aim of this is to create a group where the members are comfortable to be their authentic self, which will allow them to communicate with others and improve their understanding of themselves and their self-esteem.

Learners will be guided and supported in learning to understand their own wellbeing and developing tools and strategies for managing their health and wellbeing as Neurodivergent people.

Tutor: **Owen Thomas**

Venue: The Cart Shed, Norton Canon, Herefordshire HR4 8QN

Start Date: 25/04/2024 End Date: 23/05/2024









Learning Provider: The Houghton Project

The Houghton Project is an inclusive farm project that provides training for people who would like to learn a variety of rural skills.

All the courses are held at Houghton Court, a farm in Bodenham, which is 7 miles from Hereford. Transport can be provided.



Facilities at the project include: workshops, woodland workshop, gardens, farm animals, and a kitchen. All of our staff are friendly and knowledgeable.

Website: www.houghtonproject.co.uk
karen@houghtonproject.co.uk

Tel: 01568 797900

Current Courses

Please contact the Provider directly to discuss your requirement and book your place.

U-THP-ALL-01 All Aboard 1

The course will introduce learners to a variety of aspects about public transport and social safety. On this course learners will:

- 1) Share and communicate any individual passion for trains and travel.
- 2) Learn how to purchase travel tickets.
- 3) Explore Travel timetables, including how to access and plan a journey.
- 4) How to safely take public transport.
- 5) Look at the History and culture of Train-spotting.

Tutor: Rhian George

Venue: The Houghton Project, Bodenham Court, Herefordshire HR1 3HZ

Start Date: 17/04/2024 End Date: 22/05/2024









U-THP-GGP-02 Grow Grow Pick Pick 2

This course will teach learners about the tasks that need doing in a vegetable garden throughout the year, selecting, using and maintaining garden tools and equipment. Learners will gain skills and knowledge in growing vegetables, harvesting and storing these as well as how they can be used and preserved.

Tutor: Tim James-Moore

Venue: The Houghton Project, Bodenham Court, Herefordshire HR1 3HZ

Start Date: 23/04/2024 End Date: 28/05/2024

Start Time: **10:00**

U-THP-LHY-01 Local History

This course will be an introduction into the local history of surrounding areas giving context and knowledge which outline the cultural changes from the past to present day. The course aims to support and improve individual wellbeing through exploring different time periods and historial knowledge.

Tutor: Tim James-Moore

Venue: The Houghton Project, Bodenham Court, Herefordshire HR1 3HZ

Start Date: 26/04/2024 End Date: 31/05/2024







