

Group Cycle Rides in Herefordshire

These are the group rides currently taking place in and around Ledbury, Leominster and Ross-on-Wye.

We recommend checking the club facebook pages for the most up to date information on planned rides.

Ledbury Clubs

Ledbury and District CTC

www.cyclinguk.org/local-groups/ledbury
e: kevla@kevla189.plus.com

Leominster Clubs

Luctonians Cycle Club

<https://luctonians.co.uk/other-sports/cycling/>
e: shop@bridgecycles.co.uk
Facebook: See link on website

Ross-on-Wye Clubs

Ross-on-Wye & District Cycling Club

www.rosscc.co.uk
e: committee@rosscc.co.uk
Facebook: [rosscyclingclub](https://www.facebook.com/rosscyclingclub)

Ledbury

Tuesdays

Ledbury and District CTC - Club Rides

Meet: 10am in front of the Ledbury Master's House for an all-day ride going at a leisurely 10 mph pace. Includes Café stop and pub lunch 20- 40 miles depending on weather.

Thursdays

Ledbury and District CTC - Club Rides

Meet: 10 am in front of the Ledbury Master's House for a half-day with a coffee stop. This popular option of our 15-20 mile half-day ride at only 10 mph may be very suitable for beginners and/or seniors returning to cycling.

We do not leave our slower riders behind, and our experienced riders can offer support with mechanical problems.

Leominster



Tuesday

Luctonians Cycle Club – Club ride

Meet: 10am at Luctonians Sports Club, Mortimer Park.
Distance and speed is variable – 30-35 miles at 13-15mph*

Wednesday

Luctonians Cycle Club – Time Trials. Organised for alternate Wednesdays in Summer at 7pm.

Meet: at Luctonians Sports Club, Mortimer Park.

Sunday

Luctonians Cycle Club – Club ride

Meet: 9am (Summer) 9.30am (Winter) at Luctonians Sports Club, Mortimer Park. Approx. 40 miles averaging 15 - 16mph*

*All rides are on a prearranged route usually with a coffee stop.

Ross-on-Wye

Thursday

Ross-on-Wye & District Cycling Club - Evening Ride.

Meet: 7pm at Ross Market House. Ride suitable for all, though you will require lights. Typically <20 miles with either a pub stop mid ride or after. The pace / route is selected on the night depending on who's on the ride.

Friday

Ross-on-Wye & District Cycling Club - Morning ride.

Meet: 10am at Fernbank road. The route is not announced in advance, but is generally in the region of 50 - 60 miles / 80 - 96km. The average speed is in the region of 15mph / 24kph. There is always a coffee stop and the ride normally gets back to Ross by 2.30 / 3.00pm. *It should be assumed that the ride is taking place unless a post is made to say that it has been cancelled because of the weather.*

Sunday

Ross-on-Wye & District Cycling Club – Three Sunday club runs offering different paces and distances.

Meet: 9am at Ross Market House

Yellow Ride - Usually 35 to 40 miles with a coffee stop. Suitable for all, no drop ride. Usually averages 12-14mph depending on the terrain.

Blue Ride - 50 to 70 miles with a coffee stop. This is a no drop ride suitable for all but the distance and terrain will require a reasonable fitness level. Typically averages 15.5mph

Red Ride - This is an extra long ride for experienced cyclists, typically 70-80 miles, typically averages 17mph (terrain dependent). Coffee stop.

Please note for all rides you must be covered by your own insurance.

You can get insurance as part of a membership package with British Cycling and Cycling UK.