

Group Cycle Rides in Herefordshire

1. Hereford
2. Ledbury
3. Ross-on-Wye
4. Leominster

1. Hereford

Tuesday

- **Gannet Cycling Club**
Meet at Traffic lights in front of Sainsbury's Hereford at 6:30pm
Approx. 30miles at 15-17mph
Contact email is: gannetcycling@hotmail.co.uk

Wednesday

- **Hereford Wheelers – Wednesday Wheelers**
Meet at Jules' Café in Weobley at 10:30am
Distance and speed is variable
<http://www.herefordwheelers.com/index.php/riding/touring-social>

Friday

- **Hereford Wheelers – Friday Antiques Road Show**
Baptist Church Hall in Ewyas Harold at 10:45am
Distance and speed is variable
<http://www.herefordwheelers.com/index.php/riding/touring-social>

Saturday

- **Hereford Wheelers – Easy Ride**
1st & 3rd Sat of each month - 9am at Hereford Leisure Pool (*unless otherwise stated on website*)
20-25 miles at 10-12mph
<http://www.herefordwheelers.com/index.php/riding/weekend-rides-training/easy-rides>

- **Climb on Bikes Cycling Club – Group Ride**
Meet at Climb on Bikes, Coningsby Street at 9:30am
30-35 miles at 17-18mph
<http://www.climbonbikescc.com/home>

- **Gannet Cycling Club**
Meet at Three Elms Pub at 9:30am
Approx. 35 miles at 15mph
Contact email is: gannetcycling@hotmail.co.uk

Sunday

- **Hereford Triathlon Group – Group Ride**
Meet at Hereford Leisure Pool at 8:30am
Distance and speed is variable – 20+ miles, all abilities welcome
<http://www.herefordtriathlonclub.co.uk/training/>

- **Hereford Wheelers – Brisk Club Run**
Meet at Steels Westgate, Hereford at 9:30am
40-60 miles at 12-14mph
<http://www.herefordwheelers.com/index.php/riding/weekend-rides-training/brisk-club-run>

- **Gannet Cycling Club**
Meet at Steels Garage, Hereford at 9:00am
Approx. 60-75miles at 18mph
Contact email is: gannetcycling@hotmail.co.uk

Additional Information

Shirley's Wheels Rides

Shirley's Wheels Led Rides is a centrally government funded project aimed at helping women, young and old - with or without a bicycle – to get out and about on 2 wheels.

https://www.herefordshire.gov.uk/info/200136/travel_and_transport/544/choose_how_you_move/2

Regular rides on Friday mornings and some Saturdays. Short rides mostly along off road cycle paths at a gentle pace; starting from various locations across Hereford. All abilities welcome.

Please see the Shirley's Wheels facebook page for more details.

2. Ledbury

Tuesdays & Thursdays

- **Ledbury and District CTC - Club Rides**
Meet at the Ledbury War Memorial at 10am
Includes Café stop and pub lunch
20 – 40 miles depending on weather
<http://www.cyclinguk.org/local-groups/ledbury>

3. Ross-on-Wye

Tuesday

- **Ross-on-Wye & District Cycling Club - Night Ride**
Meet at Ross Market Hall at 7pm – Bring Lights!
Approx. 30 miles at 13/14mph (but speed is tailored for newcomers)
<http://rosscc.co.uk/Home/>

Thursday

- **Ross-on-Wye & District Cycling Club** - Morning Ride
Meet at top of Roman Way (Fernbank road) for 10am
Approx. 50-60 miles at about 15mph
<http://rosscc.co.uk/Home/>

Sunday

- **Ross-on-Wye & District Cycling Club** – Club Run
Meet at Ross Market Hall for 9am
Typically 3-5 hours – between 40- 100miles at 15mph
<http://rosscc.co.uk/Home/>

4. Leominster

Tuesday

- **Luctonians Cycle Club** – Relaxed Pace Ride
Meet at The Bell in Yarpole at 10am
Distance and speed is variable – 10+ miles at a relaxed pace
<http://www.luctonians.co.uk/cycle-club/>

Sunday

- **Luctonians Cycle Club** – Social Rides
Meet at Luctonians Sports Club, Mortimer Park at 9am
Between 10 - 50 miles averaging 13 - 16mph
<http://www.luctonians.co.uk/cycle-club/>