

A  
**FOCUS**  
ON



THE DUKE OF  
EDINBURGH'S AWARD

# THE ADVENTURE STARTS HERE

A DofE programme is a real adventure from beginning to end.

To take part you just need to be aged between 14 and 24. It doesn't matter who you are or where you're from, and you don't need any qualifications to start.

But here's the best bit - you get to choose what you do!

You achieve an Award by completing a personal programme of activities in four sections (five if you're going for Gold). You can do programmes at three levels, Bronze, Silver or Gold.

You'll find yourself helping people or the community, getting fitter, developing skills, going on an expedition and if you're going for Gold, taking part in a residential activity.

Your programme can be full of activities and projects that get you buzzing. And along the way you'll pick up experiences, friends and talents that will stay with you for the rest of your life.

A Duke of Edinburgh's Award is so much more than a 'pat on the back' for completing a programme of activities. It is recognition of a



young person's successful journey of self-discovery and development, renowned by employers and universities alike for the qualities young people have who've achieved a DofE Award.

There are DofE groups all over the county, to find the nearest to you visit [www.herefordshire.gov.uk/dofe](http://www.herefordshire.gov.uk/dofe)

These programmes are only possible with the help of many volunteers.

If you want to be part of a team that gets a buzz out of enabling young people realise their real potential, and if you have skills, hobbies or life-experience you'd like to share, we'd love to hear from you.

To find out more about the DofE contact Mal Mason, DofE Development Officer, [mmason@herefordshire.gov.uk](mailto:mmason@herefordshire.gov.uk) or phone 01432 383027.

Herefordshire Council is an Operating Authority for the DofE.

We support the work of DofE Groups and maintain the standards of the DofE in the county.



The world's  
leading  
achievement  
award for  
young people

Through taking part  
in a DofE programme  
young people will  
develop skills for life.

They will help their  
community, get fit,  
learn new skills,  
challenge themselves  
on an expedition,  
whilst making  
friends...  
and having fun!

For more information contact:  
Mal Mason  
Hereford Canoe Centre  
Castle Green  
Quay Street  
HEREFORD HR1 2NH  
T: 01432 383027  
E: [mmason@herefordshire.gov.uk](mailto:mmason@herefordshire.gov.uk)

[www.DofE.org](http://www.DofE.org)